



## ENVIRON COOL PEEL® PRE-TREATMENT GUIDE

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### 6 MONTHS BEFORE

- Avoid invasive treatments
- Avoid Cis-Retinoic Acid

### 3-4 WEEKS BEFORE

- Use Environ vitamin A morning & evening
- Boost your skin with antioxidants
- Apply a broad-spectrum sunscreen daily

### 14 DAYS BEFORE

- Avoid waxing and extractions
- Avoid harsh skin exfoliation
- Avoid excessive UV or sun bed exposure
- Avoid injectable treatments

### ON DAY OF TREATMENT

- Avoid shaving the treatment area

**CONTACT YOUR SKINCARE PROFESSIONAL  
IF YOU HAVE ANY QUESTIONS OR CONCERNS**