

PEEL DO'S & DON'TS

A chemical skincare peel is an effective way to help **rejuvenate** and **soften** the skin. It also assists in removing minor imperfections and dry skin to reveal a glowing and fresh complexion.



IF YOU DON'T TAKE PROPER CARE POST A PEEL TREATMENT, THERE ARE POSSIBLE SIDE EFFECTS YOU CAN EXPECT:



HYPERPIGMENTATION

Due to the skin being more sensitive to sunlight



BREAKOUTS

Due to the build-up of dead skin cells on the skin surface



VERY TIGHT AND UNCOMFORTABLE SKIN

Due to the skin not being well moisturised and cared for.

POST PEEL SKINCARE TIPS THAT WILL OPTIMISE YOUR SKIN PEEL TREATMENT:

1.

Use a gentle **cleanser** that does not strip the skin's protective barrier. Do not over cleanse the skin - once per day is enough.

2.

Do not use harsh **toners**. If your toner contains AHA's, leave it off for ± 2 days after your treatment.

3.

Use a clay based **micro-exfoliator** to assist in the peeling process without putting strain on the skin.

4.

Apply a broad-spectrum **sunscreen** every morning and ensure you reapply every 1.5 to 2 hours if you are exposed to the sun.

5.

Use a sensible **moisturiser** that contains vitamins and peptides to feed and nourish the skin.

The Environ Cool Peel technology is a customisable system that is mild and gentle for first time users. The treatment can be made more intense for those who require it.

[Click here](#) to find a registered Environ skincare professional near you.